

3 Year Developmental Guide

Physical

- runs around obstacles
- walks on a line
- pushes, pulls, steers wheeled toys
- pedals tricycle
- uses slide independently
- hops/stands on one foot for up to 5 seconds
- jumps over 6" high object, landing feet together
- throws ball overhand with some accuracy
- walks up and down stairs, alternating feet
- swings by starting and keeping himself going
- climbs on and off couch or chair
- kicks a ball forward
- catches bounced ball most of the time



Drawing & Cutting

- draws circle and square
- imitates cross
- holds a pencil
- tries to write name
- draws with arm and not small hand movements
- uses child-safe scissors
- makes vertical, horizontal, and circular strokes
- draws person with head and one other body part



Play

- builds tower of 9 small blocks
- drives nails and pegs
- puts together simple puzzle (4-12 pieces)
- imaginary play
- helps clean up toys when asked
- turns rotating handles
- changes the rules of a game as he goes along
- bargains ("I'll give this toy if you give that one")
- turns book pages one at a time
- screws and unscrews jar lids, nuts and bolts
- shares and plays with other children
- manipulates clay (rolls balls, snakes, cookies)



Personal Care

- feeds self (with little spilling)
- completely dresses/undresses self
- brushes teeth with help
- pours from a small pitcher
- uses toilet alone
- tries to do buttons, requiring a little assistance
- eats independently with spoon



Speech

- understood by others
- tells a story
- sentence lengths of 4-5 words
- vocabulary of about 1000 words
- knows several nursery rhymes
- uses good grammar most often
- uses "please" and "thank you"
- uses "a," "an," and "the" when speaking
- wants explanations of "why" and "how"
- knows last name, age, name of street and town
- understands spatial words (on, in, under)
- uses pronouns and some plurals



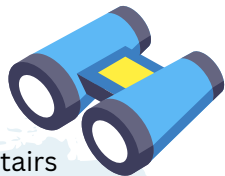
Sensory & Thinking Skills

- takes turns without always being reminded
- wants to know what will happen next
- follows 3 instructions given at one time
- correctly name some colors
- distinguishes between real and imaginary
- identifies situations that lead to happiness, sadness, or anger
- can concentrate on task for 8-9 minutes
- can count up to four objects
- attempts to solve problems
- less temper tantrums



Be Watchful for...

- frequent falling and difficulty with stairs
- persistent drooling or very unclear speech
- inability to build a tower of more than 4 blocks
- difficulty manipulating small objects
- inability to communicate in short phrases
- no involvement in "pretend" play
- failure to understand simple instructions
- little interest in other children
- extreme difficulty separating from mother



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