

2 Year Developmental Guide

Physical

- walks alone, begins to run
- kicks a ball
- jumps
- stands on tiptoe
- carries toys while walking
- usually walks heel-toe pattern, not primarily on toes
- maintains balances over uneven surfaces
- walks without bumping into objects and people
- able to throw overhand and attempts to catch
- pulls toys behind while walking
- climbs furniture unassisted
- coordinates both hands (swing bag, open container)



Play

- participates in small group activities
- imitates behavior of others
- enjoys playing with musical toys
- scribbles on paper
- explores various play environments
- builds tower of 4 or more blocks
- usually plays with toys without mouthing them
- participates in messy activities leading to dirty hands
- enjoys swinging/throwing in the air, roughhousing
- plays with variety of toys and textures
- enjoys playing near peers or parallel playing
- turns over container to pour out contents
- plays simple make-believe games



Sensory & Thinking Skills

- able to maintain eye contact with others
- able to locate objects pointed to
- wears new and varied textures of clothing
- aware of wet diaper or underwear
- self-calms in car rides when not tired or hungry
- not fearful of tipping head back or everyday sounds
- usually self-calms to fall asleep
- remains calm during haircuts
- generally happy when not tired or hungry
- cries and notices when hurt
- enjoys various textures after multiple exposures
- can be away from parents when w/ supportive people



Academic Learning

- locates objects of interest
- sort by shapes and colors
- enjoys sitting to listen or look at books
- follows 2-step unrelated directions
- point to things or pictures when named
- know names of parents, siblings, body parts
- turns head in response to name being called
- simple understand of color, space, and time



Personal Care

- enjoys bath time
- tolerates diaper changes without crying
- takes appropriate-sized bites of food
- uses fingertips to pick up small objects
- has established sleep schedule
- adapts to changes in routine
- eats increasing variety of food
- uses cups and spoon
- undress self



Speech

- asks "what" and "where" questions
- understand basic nouns and pronouns
- understands "mine" and "yours"
- understands "why" questions
- uses "in" and "on"
- uses 2-4 word phrases
- 50 word vocabulary
- uses plurals
- repeat words
- follows simple instructions
- recognizes names of familiar people, objects, and body parts



Be Watchful for...

- can not walk by 18 months
- walks exclusively on toes
- doesn't speak 15 words
- doesn't use 2-word phrases
- doesn't imitate actions or words
- doesn't follow simple instructions
- can't push a wheeled toy
- lose of skills once mastered

