

# Week 1 Sample of the ABCJesusLovesMe.com 5 Year Curriculum

## Items Needed:

These are suggested supplies and may be substituted with items you already have in your home.

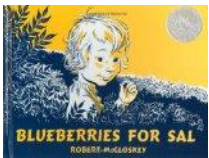
Books: Bible, *Blueberries for Sal*, *Bob Books*

Worksheets: Visual Perception Worksheets, 3/4" Tracing Paper (used each week), li Writing, Shape (if needed), Color (if needed), I am a Child of God, Shamrock, Objective Checklist, Weather Symbols, First Day of Preschool, Memory Verse Cards (available in the *5 Year Workbook*), "I am Learning..." Objective Poster (available in the *5 Year Workbook*)

Activities: Paint, pom-pom, paper plate, brown strips of paper, cotton balls, construction paper, balloon, sidewalk chalk, water in a bucket, sponge, wax paper, musical instrument, ingredients for a blueberry recipe, cotton swabs, ice cream ingredients (see below), five items, Wall Calendar and Weather Pocket Chart (optional), Dry Erase Pocket, Dry Erase Marker

## Objectives:

The objectives are the goals that you desire to teach your child during the week's time. I suggest using the Introduce, Recognize, Identify teaching strategy - [ABCJesusLovesMe.com/ideas/how-to-teach](http://ABCJesusLovesMe.com/ideas/how-to-teach) - to help your child learn each point. All objectives do not need to be covered each day but can be spread throughout the week.

<p><b>Theme:</b> Trinity  <b>Bible Story:</b> God the Father  <b>Objective:</b> God is my Father and He loves me.  <b>Scripture:</b> Genesis 1, I John 3:1a  <i>My First Hands-On Bible:</i> pg 10-21  <i>The Beginning Reader's Bible:</i> pg 2-7  <i>Through the Bible in Felt:</i> Story #1</p>	<p><b>Verse:</b> I John 3:1 (NIV84) - How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!  <b>Tune:</b> <i>10 Little Indians</i>          How- great- is the- love the          Father- has lavished on us,          that- we should be- called          the children of God.           And that is what we are,          And that is what we are,          And that is what we are,          First John three- one.</p>	
<p><b>Bible Song:</b> Trinity Song  <b>Tune:</b> <i>Are you Sleeping?</i>          God the Father, God the Father          God the Son, God the Son          God the Holy Spirit, God the Holy Spirit          Three in One, Three in One.</p>	<p><b>Books of the Bible:</b> Genesis, Exodus, Leviticus, Numbers, Deuteronomy  <b>Math:</b> Name Shapes and Colors  <b>Science:</b> Calendar - Days and Weeks  <b>Social Science:</b> Weather - Sunny, Cloudy  <b>Letters:</b> l, i  <b>Numbers:</b> Point to and Count 0-5  <b>Literacy:</b> How to Care for a Book  <b>Sight Word:</b> l</p>	
<p><b>Comprehension Questions:</b>          Why is God called our Father?          Why did God create us?          What do loving fathers do for their children?          Are you a child of God? How do you know?</p>	<p><b>Book of the Week:</b>    <i>Blueberries for Sal</i> by Robert McCloskey</p>	
<p><b>Fine Motor Skill:</b> Draw My Family</p>	<p><b>Gross Motor Skill:</b> Put the Fire Out</p>	<p><b>Visual Perception:</b> Color Tracking Worksheets</p>

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## Suggested Activities:

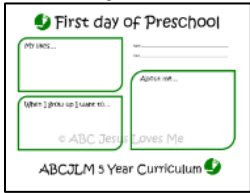
The activities below are merely suggestions to help teach the objectives for the week. Pick and choose activities that your child would enjoy and fit into your schedule. As much as possible, include the learning into play time, craft time, and current activities - [tinyurl.com/incorporate-learning](http://tinyurl.com/incorporate-learning).

### • "I am Learning" Objective Poster:



**Optional Addition:** One of the best ways that I have found to keep track of what the child is to be introduced to (the objectives) and incorporate the objectives into daily activities and play is to use the "I am Learning..." Objective Poster. Transfer the objectives (above) to the sheet and hang it on your refrigerator or prominent place to help you and others remember the objectives for the week. By placing the poster in a dry erase pocket or a picture frame and using a dry erase marker, the sheet is reusable from week to week. *This printable is only available in the 5 Year Workbook.*

### • First Day of 5 Year Curriculum:



Print the First Day of Preschool poster to create a precious photo op to remember today. *Be sure to tag #ABCJLM or @ABCJesusLovesMe when you post the image on social media!*

### • Objective Checklist:



Use the 5 Year Objective Checklist to determine what your child knows and to check for learning along the way. Tips - [ABCJesusLovesMe.com/ideas/objective-checklist](http://ABCJesusLovesMe.com/ideas/objective-checklist)

### • Bible:



- [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com)

#### God the Father

Although the concept of God being three-in-one is too hard for even adults to understand, it is important to introduce children to the Trinity. Start by sharing the Shamrock worksheet with the child. Label the stem "God." Explain that God is showed to us in three ways. This week introduce the child to "God the Father" as one part of the Trinity. Have the child label one leaf "Father."

#### - God the Father:

God is the Creator.

God shows His love to us by forgiving and forgetting our sins.

God has no beginning or ending.

God is everywhere at once - omnipresent.

God is perfect and knows everything - omniscience.

God is all-powerful - omnipotence.

# Week 1 Sample of the ABCJesusLovesMe.com 5 Year Curriculum

(Although the "omni-" words are difficult, most children love to learn big words.)

- As you go about your day, ask your child: Who is always with you? Beside mommy, who loves you no matter what? Who knows everything about you? (God)

- Begin by reading Genesis 1. God is called the Father because He created the world. God made us - His children - because He loves us. (For ideas to further this lesson view ABCJLM Creation Activities – ABCJesusLovesMe.com/ideas/creation.)

- Next read I John 1:3a. Discuss what a father is and what loving fathers do. Loving fathers care for their children. This means that fathers provide for their children's needs and give their children what is good for them.

- Because God is the ultimate Father, the words "God the Father" is always capitalized. God is the Father of all people.



- Have the child draw a picture of himself in the mirror of the "I am a Child of God" worksheet. (Combine this activity with the Fine Motor Skill drawing.)



- While it is an investment, for toddler and preschoolers I believe flannelgraph is one of the best ways to teach Bible stories. Because of this, in each lesson plan, you will see story numbers associated to the Betty Lukens *Through the Bible in Felt Teacher Manual*. The Bible story, as well as a list of the needed flannelgraph scenes, characters, and props, are listed to help you tell the story. Read more about "Using Flannelgraph." ABCJLM Video: <https://tinyurl.com/usingflannelgraph>

## • Comprehension Questions:

Use these questions when planning the story and at the end of the week use them to check for understanding of the Bible story

## • Memory Verse:

- I John 3:1 Verse Actions:

great - arms open wide

love - arms crossed across the chest

Father - point up in the air with index finger

lavished (given) - both hands "give" something

us, we - point thumbs at chest

children - move hands outward as if patting children's heads

God - point up in the air with index finger

And that is what we are! - shout with fist cheers



**Optional Addition:** Memory Verse Cards are a wonderful tool to learn the memory verses. Each

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# Week 1 Sample of the ABCJesusLovesMe.com 5 Year Curriculum

card contains the verse, reference, a corresponding picture, and a piggyback song or CD to sing the verse. Also listed is the week the verse is used in the ABCJLM Lesson Plans (i.e. 5 Year Week 6). Cut out and glue both the front and back of each card to cardstock for extra durability. Rubber band together or hole punch and combine with a c-ring. Keep in the car, by the child's bed, or near the dinner table for quick reference and review for the whole family. *This printable is only available in the 5 Year Workbook.*

## • Books of the Bible:

To study the Bible, I believe everyone should know the order of the books of the Bible. With a little help, most preschool children can master this task. Because of its importance, I have added this to the 4 and 5 Year Curriculum. Children using the 4 Year Curriculum learn the New Testament books while children using the 5 Year Curriculum learn the Old Testament books. Every two weeks a new set of books is added. Use a song, motions, or simply repetition to help your child. More ideas - [www.abcjesuslovesme.com/ideas/teaching-the-books-of-the-bible](http://www.abcjesuslovesme.com/ideas/teaching-the-books-of-the-bible) and see a video - <https://tinyurl.com/OldTestamentSong>

## • Song:

- The songs chosen are old "Sunday School" favorites and are added to heighten the curriculum. I have tried to choose ones that are familiar to most, but if the song is not known any Bible song can be used. Most songs can be found on Amazon through MP3 download or on several Bible Songs CDs available to purchase. It is best to learn the song yourself and then teach the child the song in slow, small sections. Use the CD once the song is learned.



## Optional Addition:

- Available as a digital download, the 5 Year Bible Song Cards consists of 29 cards containing the Old and New Testaments Books of the Bible and Bible Songs used in the 5 Year Curriculum. Also included are 3 extra cards to create your own. Print, hole punch, and bind together for easy access and mobility.

## • Math:

Use this week to make sure that your child knows all of the basic shapes (oval, heart, rectangle, triangle, circle, square, star, diamond) and colors (black, white, blue, brown, green, yellow, orange, red, purple). Use the Shape worksheets or Color worksheets if needed. *(Available in the ABCJLM 2 Year Workbook)*

## • Science:

Song: Seven Days *(Author unknown)*

Tune: "Are You Sleeping?" or "Where is Thumbkin?"

Seven days, seven days

In a week, in a week

Sunday, Monday, Tuesday

Wednesday, Thursday, Friday

Saturday, that's a week

## • Social Science:



- The first eight weeks of the curriculum focuses on the calendar, weather, and seasons. A calendar and weather

# Week 1 Sample of the ABCJesusLovesMe.com 5 Year Curriculum

wall chart would be great for these units and to continue the learning throughout the curriculum. You can purchase wall charts online. Or, you can make your own by using a Big Print Wall Calendar and Weather Symbols worksheet. *(Only available online.)*

- Calendar Activity - This is an activity that would be a great start to each day to reinforce numbers, days of the week, and months of the year. [tinyurl.com/calendar-activity](http://tinyurl.com/calendar-activity)

## Sun -

- Dress: Sunglasses, hat, sunscreen, shorts, t-shirt

- Science: God perfectly distanced the sun and earth so that the sun keeps us warm, but not too warm. The sun also provides us with light. Use a balloon to represent the earth and the child to represent the sun. Instruct the child that the sun does not move. (This may be very difficult for some children!) Mark the balloon representing where you live on the earth.

Demonstrate:

Day and night - Rotate the balloon 360 degrees to show where you live compared to the sun.

Warm and cool - Discuss how it is warmer during the day (when the sun is shining on the place you live) and cooler at night (the sun is shining on the opposite side of where you live).

Year - Rotate the earth around the sun and say the months of a year. Discuss how a complete rotation is a year or another birthday.



Sun Craft:

Draw a circle on a piece of white paper. Drop large dots of yellow paint inside the circle along with a very small dot of red paint. Lay a piece of wax paper on top of the circle. Press with the pads of your fingers to mix the paint and cover the circle. Pull up the wax paper. With a q-tip, pull extra paint from the circle to make sun rays.

## Clouds -

- Clouds are small collections of very small droplets of water. The droplets are so small and light that they can float.

- Dress: Depending on the season, cloudy weather may mean you need to wear warmer clothes.



Glue cotton balls on a piece of blue construction paper to form different sized clouds.



With a white crayon firmly draw clouds on a piece of paper. Using diluted blue paint, have the child paint the entire piece of paper to find the clouds. Count the clouds that are discovered.

- More information and experiments on clouds are available at [WeatherWizKids.com](http://WeatherWizKids.com).

## • Letters:





# Week 1 Sample of the ABCJesusLovesMe.com 5 Year Curriculum



## Optional Addition:

The **5 Year Sight Word Cards Printable** is made up of 28 cards containing the sight words taught in the 5 Year Curriculum. Also included are 4 extra cards to create your own. Print, hole punch, and bind together for easy access and mobility.

## • Book of the Week:

- Play a musical instrument every time the words "ku-plink, Ku-plank, ku-plunk" are read.
- Make blueberry muffins, jam, or pancakes.



- **Blueberry Pie Craft** - Dip a small cotton ball or pompom into blue paint. Dab it onto a paper plate to create a blueberry pie. Glue on brown strips of paper for a lattice top.

## • Family Fun:

- Create a family tradition of making homemade ice cream in a bag or in a coffee can.

Ingredients:

1 tablespoon sugar

½ cup milk, cream, or half and half

¼ teaspoon vanilla extract

Place the three ingredients in a quart-sized ziptop bag or a small coffee can. Mix and seal the container very well. *Because the seal may not hold through the mixing process, you may want to tape the seals closed.* If possible, refrigerate this mixture for a few hours to speed up the freezing process. Place the well-sealed ziptop bag in a gallon-sized ziptop bag or the small coffee can inside a large coffee can. Place crushed ice cubes and approximately 1/2 cup rock salt inside the larger containers to surround the smaller bag or can. Seal the larger bag or coffee can very well. Then shake and roll the containers for 5-10 minutes until the mixture turns into ice cream. Carefully open the smaller container making sure that the water and salt freezing ingredients do not come in contact with the ice cream. Grab a spoon and enjoy!

## • Fine Motor Skill:



Periodically throughout the curriculum, the child will be instructed to draw his family. This can be a daunting task for some children. Begin by looking in the mirror and discussing how special God made the child. Then demonstrate how to draw a person. Use simple shapes for parts and explain what you are doing as you draw. Let your child assist in the process. Later in the week, give your child a chance to try it himself. For more ideas read, "Teaching Your Child How to Draw a Person" - [tinyurl.com/draw-person](http://tinyurl.com/draw-person)

## • Gross Motor Skill:

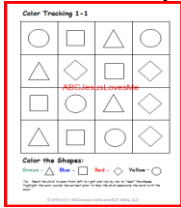


Play "Put the Fire Out" - a fun outside activity that involves sidewalk chalk, water, and a sponge. Begin by drawing a ladder on cement with sidewalk chalk. Draw a fire at the top of the ladder. Place a bucket and a sponge at the bottom of the ladder. Have the child wet the sponge and jump between the rungs of the ladder to get to the fire. Once at the fire, squeeze the

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sponge over the fire to put it out! (Idea from YourTherapySource.com)

## • Visual Perception Skill:



Along with fine and gross motor activities, each lesson plan in the 4 and 5 Year Curricula contains visual perception activities. Visual perception is the translation between the eyes and the brain. Correct translation is imperative to reading and writing. These activities can help correct visual perception issues as well as strengthen the brain and eye communication. While one activity may be difficult for your child, another may be simple. Worksheets are available by clicking the links online or in the ABCJLM Visual Perception Workbook available to purchase. The worksheets increase in difficulty.

For the first week, use the Color Tracking Visual Perception Worksheets. Ask the child to color certain shapes, certain colors. Highlight the color words the correct color to help the child associate the word with the color. Use this activity to help the child search for items left to right and row by row. Another option is to assign each shape a colored candy. Ask the child to lay the correct colored candy on the corresponding shape.

## Daily Schedule - Week 1

	Day 1	Day 2	Day 3	Day 4
<b>Bible Story</b>	God the Father			Comprehension Questions
<b>Bible Activities</b>	Shamrock	Creation Activity	I am a Child of God	
<b>Verse</b>	1 John 3:1 - How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!			
<b>Song</b>	Trinity Song	Trinity Song	Trinity Song	Trinity Song
<b>Old Testament</b>	Genesis, Exodus, Leviticus, Numbers, Deuteronomy		Genesis, Exodus, Leviticus, Numbers, Deuteronomy	
<b>Science/Social Sc</b>	Calendar	Sunny	Cloudy	
<b>Letters/Numbers</b>	Point & Count 0-5	Shapes	I, i Writing	Colors
<b>Literacy/Book</b>	How to Care for a Book	Read	Musical Instruments	Blueberry Pie Craft
<b>Sight Word</b>	I	I	I	Write Sentence
<b>Skills</b>		Draw "My Family"	Play "Put the Fire Out"	Color Tracking Worksheets
<b>Other</b>	Objective Checklist	Objective Checklist		Homemade Ice Cream