



# Welcome to ABCJesusLovesMe.com™



## Our Motto

To equip and empower adults to be intentional and enable children to learn through play.

## We Believe

Children are God's blessings. Learning is most meaningful when it is naturally woven into the day. True understanding grows through modeling, repeated exposure, and purposeful conversations. Our calling is to impress God's truths on their hearts in a loving environment that strategically allows them to explore, discover, and build knowledge  
(Deuteronomy 6:4-9).

I am so glad God led you here. If we haven't met, I'm Heidi, the writer and creator of this curriculum.

What began as a need in my own family has grown into a worldwide ministry God is using to equip adults to give children a strong foundation in academics, Bible, and development.

The following sample pages share a Bible-based Curriculum created with both the developmental needs of the child and the needs of the adult in mind. ABCJesusLovesMe is designed to make learning happen through intentional play.

The goal of this ministry is twofold: to prepare children for kindergarten and to train the next generation to love God and love others for the glory of God.

If this desire is on your heart as well, know that you are not alone. I am cheering you on and honored to walk this journey with you.

Only by grace... *heidi*

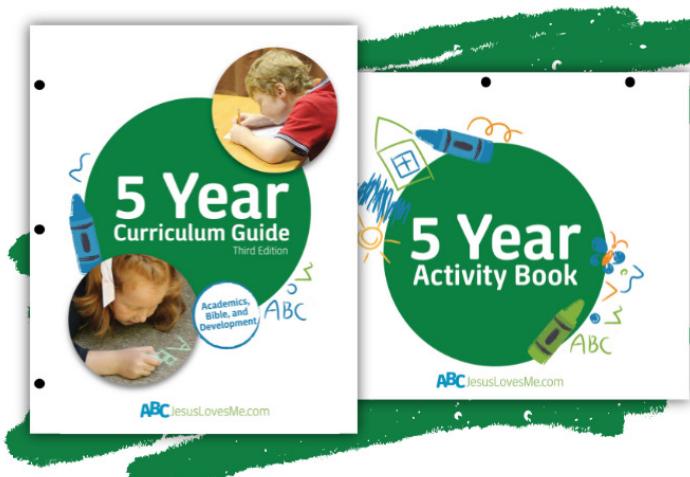
# 5 Year Curriculum Bundle

"Every child you meet is a divine appointment." - Wess Stafford

## Overview

Take a child to the next level with a research-based Curriculum written specifically for children who are ready for kindergarten-level work, whether they are officially in kindergarten or not. This guide moves beyond preschool basics and sets the child on a strong trajectory to excel academically, spiritually, and socially. With 36 carefully crafted lessons covering 9-12 months, the seven products in the 5 Year Curriculum Bundle makes higher-level learning approachable, engaging, and developmentally appropriate.

Curriculum Guide:  
This printed book contains  
36 Lesson Plans to cover  
9-12 months of learning.



Activity Book:  
The printed book features  
over 100 activity sheets  
for extended learning, fine  
motor skill practice, and  
creativity.

## 5 Year Bundle

Curriculum Guide + Activity Book  
+ Digital Downloads



All items are  
available as a  
bundle or  
a la carte.

For home,  
preschool, or  
daycare use.

Interactive Bible Stories:  
19 scripts provide an interactive way to share the Bible stories.  
Optional flannelgraph suggestions included in this Digital Download.

Other Digital Downloads Include:

- Bible Songs Packet
- Memory Verse Packet
- Poem Packet
- Word Family Packet

# Scope and Sequence

"The art of teaching is the art of assisting discovery." - Mark Van Doren

## Overview

The Scope and Sequence gives an overview of what is taught throughout the Curriculum. Each objective is carefully placed in a purposeful order, allowing the child to build understanding step by step without gaps or overload. The 5 Year Scope and Sequence provides a big picture of the academic concepts, Bible learning, and developmental skills the child will be introduced to throughout the time.

Academics				Bible	Development
Pre-Reading	Math	Science/Social Science			
28 Classic Books and Activities	Colors/Shapes	Calendar/Holidays	Weather/Seasons	29 Key Bible Stories including Trinity, "Bee" Attitudes, Armor of God, The Lord's Prayer, The Bible, Salvation	36 Fine Motor Activities
28 Memorable Poems & Fingerplays	Spatial, Sorting, Size, Patterns	Hygiene	Phone Etiquette		36 Gross Motor Activities
Phonic Awareness Activities	Writing Aa-Zz and 0-20	Taking Care of Me and Helping Others	Animals		36 Visual Perception Activities
Picture Walk	Counting Forward and Backward	Senses	Needs vs Wants		Imaginative Play
Rhyming, Syllables	Coins	State of Water	Sink/Float		Scissors Use
Literacy	Clock	Exercise	Transportation	16 Memory Verses	Pragmatics
Word Families	Addition	Nutrition	Cooking	17 Bible Songs	Tying Shoes
Fiction/Non-Fiction, True/False	Math Sentence	Family	Country/State	Activities and Crafts	Volume/Voices
Major Events, Moral	Estimating	Emergency/Safety	Maps	Old Testament Books of the Bible by Song	Following Directions
Critical Thinking	Matching	Living/Non-Living	Emotions		Taking Turns
Realistic Fiction	Measuring	Continents	Seeds/Plants		Meeting New People
Illustration Media		Pledge	Flag		Memorization



Each Curriculum is based on [research](#), the American Academy of Pediatrics Developmental Milestones, State Preschool Standards, and input from kindergarten teachers. Every Curriculum has also been reviewed and approved by two former 1st-grade teachers with a combined almost 100 years of teaching experience. Activities and stories are "kid-approved" through testing with my own children and the children I teach.

## Centers

For Preschools: Children learn best through play. Underlined activities in the Lesson Plans may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning.

# Academic: Themes

“The activities that are the easiest, cheapest, and most fun to do – such as singing, playing games, reading, storytelling, and just talking and listening – are also the best for child development.” ~ Jerome Singer

## Overview

Weekly themes are included in the ABCJesusLovesMe 5 Year Curriculum to introduce the child to the world around them.

Science, social science, math, and developmental activities are included to support thematic learning. Each week also includes a poem/song to compliment the theme and foster hearing individual sounds in words. Fun activities are provided for further learning and as teaching aids. Below are samples of what is included in this Curriculum.

### Math

- Colors & Shapes
- Sorting & Group
- Coins
- Counting
- Opposites
- Compare
- Estimating
- Counting by 10's
- Matching
- Graphing
- Measure
- Addition
- Math Sentences
- Spatial Relationships
- 1:1 Correspondence
- Identify, Write, & Name Numbers 1-20

### Science

- Nutrition
- Seasons
- Weather
- More & Less
- Calendar
- States of Water
- Clocks
- Senses
- Exercise
- Animals
- Plants
- Body Parts
- Life Cycle
- Sound
- Sink vs Float
- Living vs Nonliving

### Social Science

• Address	• Symbolism	• Transportation	• Continents
• Phone Number	• Record Observations	• Pretend Play	• Flag Etiquette
• Self-Care	• Follow 3-Step Directions	• Imagination Growth	• Maps
• Family	• Safety	• Emergency Procedures	• Wants vs Needs
• Community Helpers	• Emotions	• Country/States	
• Characteristics	• Holidays	• Pledge	

# Academic: Pre-Reading

“In books I have traveled, not only to other worlds, but into my own.” – Anna Quindlen

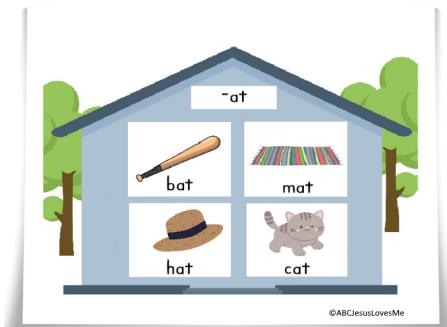
## Phonics

Repeating, manipulating, hearing, and combining phonetic sounds form the foundation of reading and are further developed in the *5 Year Curriculum*. The child strengthens letter sound knowledge through the Apple Phonics Chant and Letter Phonic Songs. Each week, the child adds an apple to a large tree displayed on the wall, reinforcing learning in a visual and engaging way.

## Word Families

During the curriculum, the child will also be introduced to Word Families. Word Families are groups of words that have a similar pattern making them appear to be related or part of a “family.” In this curriculum, the words have the same ending and thus rhyme. Grouping these rhyming words allows children to quickly read words in the pattern. If ready, this is the first step in reading CVC (consonant, vowel, consonant) words. The following Word Families are introduced:

- -at, -an
- -ox
- -ip, -it
- -et, -en
- -ug



Word Family Digital Download

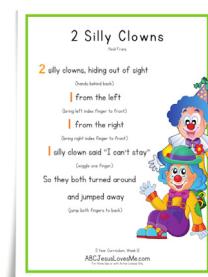
## Pre-Reading Learning

- Recognize & Produce Rhyme
- Syllables
- Increase Vocabulary
- Real & Nonsense Words
- Blend Sounds
- Identify Phonetic Sound, Write, Name Uppercase and Lowercase Letters
- Write Name (Uppercase followed by lowercase letters)

## Poems

Rhyming is introduced through poems, songs, and books. While it may seem silly to adults, rhyming is fun for children and plays an important role in reading success. As a key phonemic awareness skill, rhyming helps children hear and manipulate sounds in words, strengthening their oral language. It also helps them recognize the rhythm of language, which supports fluency and comprehension. Below are some of the poems the child will enjoy learning.

- Because God Made Me
- 1 Potato, 2 Potato
- Silly Sally Two Silly Clowns
- Hickory Dickory Dock
- I'm a Choo-Choo Train
- Seven Days
- I Saw a Little Bird
- Five Little Snowmen



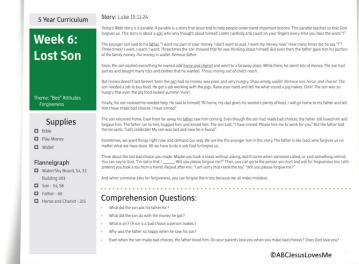
Poem Digital Downloads

# Bible

The gospel is so simple that small children can understand it, and it is so profound that studies by the wisest theologians will never exhaust its riches. -Charles Hodge

## Overview

The *5 Year Curriculum* includes Bible themes that help the child understand God beyond the basic Bible stories introduced in the preschool years. Activities reinforce what the child is learning about the truth of God's Word. As part of the Bundle, the ABCJesusLovesMe Interactive Bible Stories provide age-appropriate scripts that actively include the child in the story. Optional flannelgraph suggestions add visual and tactile learning opportunities. Comprehension questions at the end of each story provide a natural way to continue the conversation.



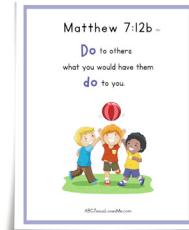
Interactive Bible Stories Digital Download

## Memory Verses

Each week includes a simple memory verse set to a song with actions to help the child hide God's Word in his/her heart.

### Sample Verses

- Genesis 1:1
- John 3:16a
- Acts 16:31a
- Ephesians 4:32
- James 1:22
- II Timothy 3:16



Memory Verse  
Digital Download

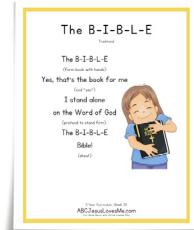
## Themes

- “Bee” Attitudes
- The Lord’s Prayer
- Armor of God
- The Bible
- Salvation
- Trinity

The Bible songs are old “Sunday School” favorites or piggyback songs. If the song is not familiar to you, please visit ABCJesusLovesMe.com to watch videos of each song with actions.

### Sample Songs

- Jesus Loves Me
- This Little Light of Mine
- Happy All the Time
- Away in a Manger
- Deep and Wide
- O Be Careful



Bible Song  
Digital Download

## Books of the Bible

To study the Bible effectively, I believe it is important to know the order of the Books of the Bible. With fun repetition, most preschool children can learn this skill. In the Curriculum, the Old Testament books are divided into small groups, introduced gradually every few weeks, following the pattern of a simple song. The Old Testament Song is included in the Bible Song Packet, with a video available on the website.

# Literacy

## Overview

Each Lesson Plan includes a Book of the Week that connects to the weekly theme. These carefully selected classic books are ideal for preschool-age children and support key learning goals. Curriculum suggestions help the adult build interest in the story, support comprehension, encourage imagination, and teach the child to use visual clues while reading. Once familiar with the book, the child is encouraged to fill in key words and rhyming words and discuss vocabulary by breaking words into syllables. Additional activities provide even more opportunities for learning and practice.

### Sample Books

- *Stone Soup*
- *Enemy Pie*
- *Snowmen at Night*
- *Caps for Sale*
- *Dragons Love Tacos*
- *Me on the Map*

### Literacy Activities

- How to Care for a Book
- Author & Illustrator
- Characters
- Fiction vs Non-Fiction
- Moral
- Major Events
- True vs False
- Predict
- Inferences
- Share & Observe
- Vocabulary
- Discussion
- Picture Walk

# Pragmatics

## Overview

Pragmatics is the study of language in social settings—essentially, communication. Many children struggle to express themselves appropriately or understand messages conveyed through facial expressions, body language, tone of voice, and other non-verbal cues. While some children learn naturally by example, others need explicit teaching to navigate different situations. Each review week in the *5 Year Curriculum* focuses on pragmatics, using role-play, puppets, teachable moments, conversation, and books to help the child understand social interactions and the world around them.

### Topics

- Meet & Greet
- Body Language & Facial Expressions
- Social Situations
- Bathroom Use
- Life Skills
- Birthday Parties
- Emotions

Order at [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com)

# Development

“Play gives children a chance to practice what they are learning.” – Fred Rogers

## Overview

Fine motor skills develop a child’s ability to manipulate small objects and prepare for writing. Gross motor skills involve large muscle movements, such as running, jumping, and hopping, and support balance and coordination. Each Lesson Plan includes activities designed to strengthen both fine and gross motor skills. For best results, use crayons and pencils rather than markers or pens. Sample activities are provided below. Along with fine and gross motor activities, each Lesson Plan in the *ABCJesusLovesMe 5 Year Curricula* contains visual perception activities.

Visual perception is the process of translating to the brain what the eyes see, which is essential for reading and writing. These activities can help correct visual perception issues as well as strengthen brain-eye communication.

## Motor Skills

### Fine Motor

- Play Dough
- Cooking
- Painting
- Draw Self
- Draw What I Draw
- Coin Pickup
- Tying Shoes
- Fingerplays
- Beading
- Crafts
- Sand or Sensory Tub Play
- Scissor Use
- Tripod-Grasp

### Gross Motor

- Throw/Catch
- Simon Says
- Memory Obstacle Course
- Jump
- Run/Walk/Twist
- Theme-based Play
- Movements with Songs
- Balance
- Coordination

## Visual Perception

- Visual Discrimination
- Visual Tracking
- Visual Memory
- Visual Spatial Relationships
- Visual Closure
- Sequencing
- Visual Motor Integration

## Social

- Take Turns
- Patiently Wait
- Recognizing Danger & Safety
- Sit & Listen to Story
- Answer Questions
- Obedience
- Problem Solve
- Participate
- Independent Play
- Completion

Order at [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com)

# Starting the 5 Year Curriculum

## Supplies

### Activity Sheets:

- ❑ All activity sheets listed are found in the *5 Year Activity Book* or the Word Family Digital Download.
- ❑ “I am Learning”

### Books & Stories:

- ❑ *The Beginner’s Bible and My First Hands-on Bible* are my favorite choice for this age, but additional recommended Bibles can be viewed using the QR code.
- ❑ ABCJLM Interactive Bible Stories are a digital download included in the *5 Year Curriculum* Bundle or available to purchase separately.
- ❑ Books may be purchased or borrowed from a public library.

### Activities:

- ❑ Supplies may be substituted with similar items you already own.
- ❑ Dry Erase Pocket or 8.5x11” Picture Frame
- ❑ Dry or Wet Erase Marker
- ❑ Paper (Brown, Green)

## Additional Ideas

The ABCJLM website is filled with additional ideas that space doesn’t allow to be added to this Curriculum. Scan the weekly QR codes for more info, videos of songs, and teaching tips.

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## Bible

Unique to the *5 Year Curriculum*, the child is introduced to Bible themes that go beyond the basic stories learned in preschool. Each week includes activities that support the story. It is important to read the Scripture yourself so you are familiar with the details. The ABCJLM Interactive Bible Stories provide an age-appropriate script and questions to help the child engage with the story. This resource is included in the Curriculum Bundle or can be purchased separately as a digital download.

### Bible Songs and Memory Verses

Timeless Bible songs have been chosen to help the child memorize and enjoy God’s Word. Each week also introduces a simple memory verse set to song. Free videos with actions are available through QR codes if the songs are new to you. The Bible Song and Memory Verse Digital Download Packets, included in the Bundles, are other helpful tools.

### Old Testament Books of the Bible

To study the Bible well, it is also important to learn the order of the Books of the Bible. With repetition and song, most preschoolers can do this. In the Curriculum, the Old Testament books are taught in small groups every few weeks using a simple song (pg 110). The Old Testament Song is viewable with the QR code.

### Example Weekly Bible Schedule

Day 1: **Read** the story from *The Beginner’s Bible* or *My First Hands-On Bible*, using the page number listed in the Supplies. If not available, read from an adult Bible.

Day 2: Read the **Interactive Bible Story script**. Use optional visuals such as flannelgraph or simple props.

Day 3: **Review** the script by reading it again, pausing to let the child fill in key points, names, or actions.

Day 4: Guide the child in **retelling** the story by prompting with simple questions (Who? What happened next?). Act out parts of the story together using motions or props.

Day 5: **Comprehension questions** are included in the Interactive Bible Stories Digital Download.

## Unsure How to Teach?

Teaching a child a new concept can feel daunting. Where do I begin? What do I say? When do I say it? How do I get the child to sit still? Find the answers to these questions by scanning the QR code provided on pg 7.

### “I am Learning” Objective Poster



The Objective Poster (found in the *5 Year Activity Book*) helps you track the weekly objectives. Transfer these objectives to the activity sheet and display it in a visible place. After a couple of times, this transfer usually takes less than 10 minutes. To reuse the sheet, place it in a dry erase pocket or picture frame and use a dry or wet erase marker.

Preschools can also send the updated sheet home each week to encourage learning beyond the classroom.

### Broken Crayons/Rainbow Write

The goal for handwriting is for the child to hold a utensil with the thumb and index finger, resting on the middle finger. A short pencil with a grip works best. If the child struggles, occupational therapists suggest using broken crayons under one inch long, which naturally encourage a proper grip. The child will also practice “rainbow writing,” tracing letters or numbers in several colors on the same page. This allows extra practice in a fun way. Do not push the child beyond what they are ready for. If needed, use the *4 Year Curriculum* for more handwriting practice. More tips are available through the QR code.

# Starting the 5 Year Curriculum

## Phonics & Handwriting

### Phonics

Reading begins with repeating, hearing, and blending sounds. In the *5 Year Curriculum*, the child will use Letter activity sheets, manipulate the phonetic sound through the Apple Chant, and then add it to a word family.

### Letter Activity Sheets

Handwriting activity sheets in this Curriculum give practice writing the Letter and Number (starting Week 10) of the Week while also building phonics, number skills, creativity, and art. These activity sheets assume the child can already hold a pencil and write with little assistance. If not, it may be best to use the *4 Year Curriculum* first. Letters are not introduced in order but are tied to the Word Family. For extra practice, the separate *Handwriting Curriculum* is available through the QR code.

Each handwriting lesson includes five steps: write the name with a capital letter followed by lowercase letters, write the capital and lowercase letter four times each, highlight the letter in words, draw two objects that start with the sound, and circle the letter in the alphabet. Because handwriting takes time, it is best done one-on-one and may be spread over several days. Use a short pencil with grip, if needed, for proper grasp.

### Teaching: Formation Rhymes and Chants

**Letters:** A few basic movements create all 26 letters of the alphabet. Simple Formation Chants have been created to teach these repeated motions. Say these chants each time the child forms a letter to promote muscle memory and correct writing habits.

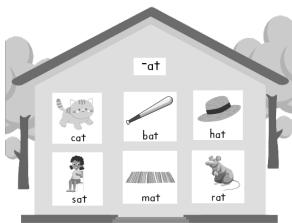
**Numbers:** A Number Rhyme is included for each number to assist the child in learning number formation. The original source of the rhymes is unknown.

### Apple Tree and Chant

Using large pieces of green and brown paper, create an Apple Tree on the wall. Cut out apples from the Apple template in the *5 Year Activity Book* using different colors of construction paper. Write the letters of the week on individual apples and add to the tree. Review daily by counting apples, naming colors, and saying the letter, its sound, and a word that begins with it (e.g. A /a/ apple). By the end of the year, the tree will have 52 apples. Each week also use the Apple Chant to play with words by changing the beginning letter. Laugh together about the funny words you create. Remind the child not to add an extra vowel to consonants (for example, say /k/ instead of /kuh/). Have the child feel the puff of air when saying sounds like /k/.

### Apple Chant

Apple, apple  
you taste so good  
/a/ /a/ /a/ /a/  
(bite at apple)



### Word Families

Word Families are introduced in this Curriculum. These are groups of words with the same ending making them appear to be related or part of a "family." Grouping rhyming words allows children to quickly read words in the pattern.

Some children may be ready to blend sounds into CVC words. To help, use arm motions—touch the shoulder for the first sound, the elbow for the second, and the hand for the third, then slide down the arm to blend the sounds together. If the child is not ready, wait and try again later. The Word Family Packet is available in the Bundle. Do not begin Word Families until the child can hear and create rhymes, which is practiced in the *4 Year Curriculum*.

## Themes

Each week also includes themes that introduce the child to the world around them through poems, math, science, social studies, and developmental activities.

## Poems

### Phonemic Awareness

Phonemic awareness—the ability to hear, identify, and manipulate individual sounds—is critical for reading and spelling success. In the *5 Year Curriculum*, this important skill is introduced each week through fingerplays, poems, and books.

Although these activities may seem silly to adults, they are both fun for the child and essential for early literacy development. Rhyming helps the child hear and play with sounds in words, improves oral language skills, and builds a strong foundation for reading fluency and comprehension. As the child becomes familiar with poems and books, they begin to anticipate rhyming words and recognize the rhythm of language.

Children develop phonemic awareness at their own pace. Introduce and discuss rhymes patiently, trusting that with time, the child's skills will grow naturally.

The Poem Digital Download Packet, included in the Bundle, is a useful tool for posting and practicing poems. The visuals are especially helpful for children from diverse backgrounds or with vocabulary delays, helping them connect words to images.



## Math/Science

Math activities introduce the child to patterns, counting, calendars, sorting, etc. Some of these objectives may be above the child's development. *And that's okay.* Introduction is key and retention is an added bonus!

# Starting the 5 Year Curriculum

## Books

Experts agree that children should be read to for at least 15 minutes a day. Each week the child will be introduced to a quality picture book to supplement other learning and provide pre-reading exposure. For the greatest benefit, read the selected book aloud at least once every day. As Melissa McCall from MovingLittleMinds.com explains, “When young children hear the same story, song, or phrase repeatedly, their brains are actually building and strengthening neural pathways. These connections—formed through repeated, familiar experiences—lay the foundation for memory, language development, and deeper understanding.” In addition to daily reading, each week also includes a literacy activity designed to prepare the child for more advanced reading skills.

### Example Weekly Reading Schedule

#### Day 1: Picture Walk

Before reading, guide the child through a “picture walk.” Look through the illustrations together and predict what the story might be about. Encourage the child to describe what they see and make guesses about the plot. This helps build excitement for the story, improves comprehension, stimulates creativity, and teaches children to use visual cues as a reading tool. Learn more in the QR code.

#### Day 2: Read with Expression

Read the book aloud with excitement and animated voice changes. Use facial expressions and tone to bring the story to life and keep the child engaged.

#### Day 3: Vocabulary

Each week I have selected words from the books that the child may or may not be familiar with. These words are purposefully chosen to expand the child’s vocabulary, especially for dual language learners. For each word, provide extra context to help the child understand its meaning. Introduce more or less words based on the child’s exposure and interest.

#### Day 4: Make Connections

While reading, connect the story to the child’s own experiences. Ask questions like, “Have you ever felt like the character?” or “When have you done something similar?”

#### Day 5: Summarize the Story

Help the child retell the story by identifying what happened at the beginning, middle, and end. Encourage the child to use their own words and point to illustrations for support if needed. Being able to determine the key points is a crucial learning step.

Most activities may be completed in any order and this is provided as a suggestion. Select the options that best fit the child’s needs and your setting—it is not required to complete every activity. Multiple choices are included to offer flexibility, address varying developmental levels, and support children who are dual language learners.

## Development

### Fine and Gross Motor Activities

Fine motor skills involve the ability to manipulate small objects and write, while gross motor skills focus on large muscle movements like running, jumping, and hopping. Both types of skills are important for pencil control, balance, and coordination. Each Lesson Plan includes activities to strengthen both skills.

Children develop fine motor skills best when they work on a vertical surface. While holding a writing utensil or brush against a vertical surface, muscles in the wrist and hand are strengthened. These same muscles are not used when writing on a horizontal surface. For this reason, place craft, writing, and drawing projects on a vertical surface as much as is feasible (i.e. on an easel, wall, or door). Instead of using markers and pens, use broken crayons and short pencils to better support muscle development.

### Visual Perception Activities

Each Lesson Plan in the *5 Year Curriculum* includes a visual perception activity. Visual perception refers to how the brain interprets what the eyes see, and accurate perception is essential for reading and writing. These activities not only help address visual perception issues but also strengthen the connection between the brain and eyes. Some activities may be challenging for the child, while others may be easier. Additional activity sheets can be purchased through the *ABCJLM Visual Perception Curriculum* to provide further support. Link in the QR code.

### Intentional Play

Throughout the Lesson Plans, Intentional Play ideas are included to help you naturally weave learning into play. These suggestions often work well as learning center activities.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Bible Story</b>	Daily Schedule				
<b>Phonics/ Handwriting</b>	The Daily Schedule breaks teaching and activities into a 5-day week. Each week the Lesson Plan includes a sample schedule that may be adjusted to fit your needs. If you are interested in minimizing the schedule to fewer than five days, see the examples in the QR code.				
<b>Math</b>					
<b>Theme</b>	To begin, consider spreading the Week 1 Lesson Plan over 2-3 weeks. This extra time allows for assessment and helps establish routines and set clear expectations for a smoother learning experience.				
<b>Literacy</b>					
<b>Development</b>					

# 5 Year Curriculum - Week 1

## Supplies

### Activity Sheets:

- Shamrock
- All About Me
- My First Day of Preschool
- Assessment

### Books and Stories:

- The Beginner's Bible* pg 7
- My Hands-On Bible* pg 10
- ABCJLM Interactive Story
- Hermie the Common Caterpillar*

### Activities:

- Binding (String or Stapler)
- Broken Crayons
- Dolls with Hair to Brush
- Hair Brush, Spray Bottle
- Marshmallows
- Pencil with Grip
- Play Dough
- Pretzel Sticks
- Sand, Fingerpaint, or Shaving Cream
- Scissors
- Sponge
- Soap
- String
- Supplies for Assessment

**SCAN ME**



## Bible

### Bible Theme: Trinity

God the Father

### Bible Story: Creation

Genesis 1:2:4

Jesus is Immanuel which means “God with us” (Isaiah 7:14, Matthew 1:23). God sent His Son to be born as a baby so that Jesus could live among man. Jesus loved God so much that Jesus wanted to obey God. Baptism is a sign that you love God and want to obey Him. After being baptized, God stated that Jesus is His Son and He is very pleased in Him (Matthew 3:17).

### Activity: Shamrock

Although the Trinity is a difficult concept, it is important to introduce the child to God as three-in-one. Begin with the Shamrock activity sheet. Have the child trace “God” on the stem, then explain that God is revealed in three ways. This week, introduce “God the Father” as the first part of the Trinity. Have the child trace the leaf labeled “Father,” but do not color at this time.



### Memory Verse: Genesis 1:1

*Tune: Are You Sleeping?*

In the beginning, in the beginning  
(hammer fists)

God created, God created (point up)

The heavens and the earth  
(wave arms, form circle with arms)

The heavens and the earth  
Genesis 1:1, Genesis 1:1  
(form book with hands)

### Bible Song: Trinity Song

*Tune: Are you Sleeping?*

God the Father, God the Father (point up)

God the Son, God the Son  
(make cross with arms)

God the Holy Spirit, God the Holy Spirit  
(hands to heart)

Three in one, Three in one (3 fingers, 1 finger)

### Old Testament

Introduce the child to the first five books of the Bible—Genesis through Numbers. The Old Testament Song, included in the Bible Song Packet, can be watched by scanning the QR code.

### Intentional Play

Ask the child, “Who is always with you? Who loves you no matter what? Who knows everything about you?” (God)

### Classroom Centers

For Preschools: Children learn best through play. Any underlined activity (like the two listed this week) may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning. Discover more in the QR code.

**Theme****All About Me****Teaching: Intro**

In this week's Bible story, we learn that God created many things in six days simply by speaking. When God said, "Let there be plants," plants appeared. When God said, "Let the skies be filled with birds," birds filled the sky. God saw all that He created as good—thumbs up! But when God created people, He thought, "Wow!" God saw people as very good—two thumbs up! God created each person fearfully and wonderfully, unique and special, with a plan (Psalm 139:13–14, 119:73–74; Jeremiah 1:4–5, 29:11; Ephesians 2:10).

**Activity: Hair and Hygiene**

It is important to teach proper hygiene and self-care. *In preschool, practice with dolls and include information in newsletters for families.*

**Hair:** Help the child practice brushing. Provide a quality brush or comb and, if needed, a spray bottle. Teach the child to mist the whole head instead of spraying in one spot. Most preschoolers cannot wash their own hair yet, but encourage the child to rub shampoo throughout the scalp while you assist

**Body:** Role play giving a doll a bath. Show how to wash the face, ears, arms, armpits, stomach, legs, and feet. Use a sponge with a little soap and teach washing from the top of the body down to the toes.

This is also an important time to discuss body safety. Teach the child the difference between safe and unsafe touching. Explain that no one should touch the child's "swimsuit area," and the child should not touch or look at another person's area either.

**Intentional Play**

Provide the child with dolls or teddy bears to care for using a hairbrush and washcloth.

**Activity: All About Me Book**

This activity includes scissor use, handwriting, and other learning opportunities. Spend multiple days on this fun activity.

Step #1: Cut apart the boxes (*Visual Perception Activity*)

Step #2: Fill in each square using a pencil and crayons.

Step #3: (Adult assistance) Bind in the corner with string or a stapler.

Step #4: When finished, let the child "read" the book to others.

*If the child cannot complete these activities with little assistance, it may be best to review the 4 Year Curriculum first.*

**Poem****God Made Me**

*Author Unknown*

*Tune: Old MacDonald*

I have hands because God made me  
Clap, clap, clap

I have hands because God made me  
Clap, clap, clap  
With a clap, clap here  
And a clap, clap there  
Here a clap, there a clap  
Everywhere a clap, clap

I have hands because God made me  
Clap, clap, clap

**Additional Verses:**

I have feet because God made me  
Stomp, stomp, stomp

I have fingers because God made me,  
Wiggle, wiggle, wiggle

I have knees because God made me  
Bend, bend, bend

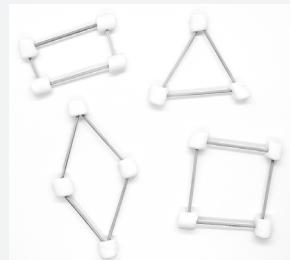
I have arms because God made me  
Reach, reach, reach

**Math****Teach: Shapes**

Use this week to check that the child knows the basic shapes—oval, heart, rectangle, triangle, circle, square, star, and diamond. It is normal for preschoolers to confuse one or two shapes.

**Activity: Pretzel Shapes**

Practice building shapes with pretzel sticks (or toothpicks) and marshmallows, pressing the pretzels into the marshmallows to hold them together to form various shapes.

**Activity: Draw Shapes**

In sand, fingerpaint, or shaving cream, give the child a direction such as "Draw a triangle," repeating it only twice to encourage memory and focus.

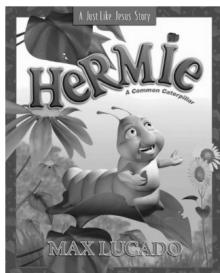
**Phonics & Handwriting**

These learning objectives will be introduced next week.

# 5 Year Curriculum - Week 1

## Literacy

*Hermie: A Common Caterpillar*  
by Max Lucado



### Teach: Discussion

Hermie doesn't believe he is special like everyone else. Use this story to help the child discover how he was created by God in a very special way.

### Teach: How to Care for a Book

Teach book care rules: turn pages slowly, do not write in books unless it is a workbook, keep books away from food, drinks, and pets, wash hands before reading, use a bookmark instead of folding corners, never fold back covers or lay books open upside down, shelve books vertically, and always handle pages gently so others can enjoy them too.

### Vocabulary & Syllables

common  
finished  
shy  
fluttered

## Development

### Fine Motor Activity: Play Dough

Instruct the child to make a person that looks like him using play dough.



### Gross Motor Activity: String Shapes

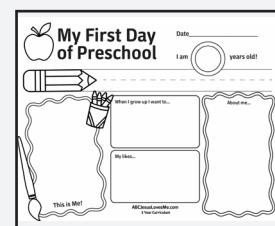
Use a long piece of string to form shapes on the ground (oval, heart, rectangle, triangle, circle, square, star, diamond). Assist at first, then have the child walk along the string to trace the shape with his feet.

### Visual Perception Activity: Scissors Use

Cut apart the boxes of the "All About Me" Book. When cutting, remind the child that his dominant hand does the cutting while the other hand moves the paper. Watch that the elbows do not point out while cutting and that thumbs stay up. Scan the QR code for more tips for teaching scissors use.

### Activity: My First Day of Preschool

Celebrate the beginning of learning with the My First Day of Preschool activity sheet! Invite the child to draw a picture of himself, then complete each information section adding the child's responses. Snap a photo of the child holding the finished sheet, and don't forget to tag #ABCJesusLovesMe or @ABCJesusLovesMe when sharing on social media!



## Assessment

The 5 Year Assessment is designed to measure what the child knows at the start of the **5 Year Curriculum** and to track progress throughout the year. The assessment should be completed three times—during Weeks 1, 19, and 36—and is most effective when done one-on-one. Assessment sheets can be found in the Activity Book. Scan the QR code to learn more info and for a supply list.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible Story	Read	Interactive Story, Part 1	Interactive Story, Part 2	Review/Shamrock	Comprehension Questions
Assessment	My First Day of Preschool	Assessment	Assessment	Assessment	Assessment
Theme	Hair, Hygiene/Intentional Play	All About Me Book	All About Me Book	All About Me Book	Hair, Hygiene/Intentional Play
Math	Pretzel Shapes	Draw Shapes	Pretzel Shapes	Draw Shapes	Pretzel Shapes
Literacy	Picture Walk	Read with Expression	Vocabulary and Syllables	Connections	Summarize
Development	Scissors Use	Play Dough	String Shapes	Play Dough	String Shapes

### Supplies

#### Activity Sheets:

- Shamrock
- MyPlate
- Apple Template
- Writing Aa
- Word Family House
- at Word Family
- Food Tracking

#### Books and Stories:

- Bible
- The Beginner's Bible* pg 303
- My Hands-On Bible* pg 240
- ABCJLM Interactive Story
- Stone Soup*

#### Activities:

- Bag (Small)
- Blocks (Small, Colored)
- Broken Crayons
- Construction Paper
- Foods (Fruit, Vegetables)
- Glue
- Hawaiian Pizza Ingredients
- Musical Instruments
- Pencil with Grip
- Potato
- Scissors
- Sticky Tack
- Stone Soup Ingredients
- Tape
- Toys (Animals, Objects)
- Twister Game Mat (optional)

### Bible

#### Bible Theme: Trinity

God the Son

#### Bible Story: Jesus is Baptized

Matthew 3:13-17

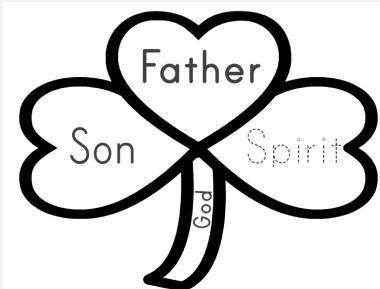
Jesus is Immanuel which means “God with us” (Isaiah 7:14, Matthew 1:23). God sent His Son to be born as a baby so that Jesus could live among man. Jesus loved God so much that Jesus wanted to obey God. Baptism is a sign that you love God and want to obey Him. After being baptized, God stated that Jesus is His Son and He is very pleased in Him (Matthew 3:17).

#### Activity: What's in the Bag?

Place toy animals and objects in a bag. Have the child pull one out of the bag and name the object. Explain that it isn't really a \_\_\_\_\_ (e.g. dog, book), but a picture or a symbol of the object. Use this analogy to introduce the Bible story symbolism of baptism.

#### Activity: Shamrock

Trace the shamrock leaf labeled “Son.”



#### Activity: Music

Give the child simple percussion instruments like jingle bells, a tambourine, or a maraca to play while singing the Bible songs or saying the poem. Encourage the child to clap or shake the instrument to the beat, which helps develop rhythm awareness—an important skill that supports early literacy and reading development.

#### Intro

Last week we learned God the Father. Introduce the child to God the Son - Jesus - as the second part of the Trinity. The Gospel Books contain many stories of Jesus, but the story of Jesus' Baptism is where God called Jesus His Son.

#### Memory Verse: John 3:16a

*Tune: Hot Cross Buns*

God so loved

(point up, cross arms at chest)

The world that he

(form circle with arms above head)

Gave his one and only Son

(one hand extended, other hand extended)

John 3:16 (form book with hands)

#### Bible Song: Jesus Loves Me

*Traditional*

Jesus loves me! This I know,  
(point up, point to head)

For the Bible tells me so;

(form book with hands)

Little ones to Him belong,

(palms down, pretend to pat hands)

They are weak but He is strong.  
(slouch over, show muscles)

Yes, Jesus loves me!

(point up, cross arms across body)

Yes, Jesus loves me!

Yes, Jesus loves me!

The Bible tells me so.

(form book with hands)

#### Old Testament

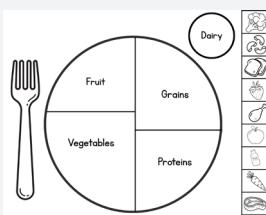
Continue working on the books Genesis to Numbers. The Old Testament Song is included in the Bible Song Packet and a video can be seen by scanning the QR code.

## Theme

### Keeping My Body Strong

#### Activity: Nutrition with MyPlate

It is important for preschoolers to eat a variety of foods. Use the MyPlate activity sheet to show that half of a meal should be fruits and vegetables, while the other half is grains and protein. Instruct the child to cut off the pictures of food on the sheet and glue them into the correct section of the plate.



#### Activity: MyPlate Pizza

Hawaiian Pizza is a fun and simple way to demonstrate the breakdown of MyPlate. Use the MyPlate activity sheet while preparing a homemade pizza, matching the ingredient to each section on the sheet.

Pizza dough – Grain (make with whole wheat flour and talk about how at least half of the grains eaten should be whole grain)  
 Tomato sauce – Vegetables  
 Cheese – Dairy  
 Pineapple – Fruit  
 Ham – Protein

If a kitchen is not available, create the pizza pieces out of construction paper and assemble them on a paper plate.

## Poem

### 1 Potato, 2 Potato

*Adapted from Traditional Poem*

1 potato, 2 potato  
 3 potato, 4  
 5 potato, 6 potato  
 7 potato, more

*Standing close together, pass a potato while saying the poem. Celebrate the person who has the potato on the word "more."*

## Math

### Teach: Colors

Use this week to review all the basic colors (black, white, blue, brown, green, yellow, orange, red, purple).

### Teach: Fruits and Vegetables

Show the child a basket of fruits and vegetables and name the colors.

### Activity: I Spy

Describe a colored food item allowing the child to guess the item you are describing. For example, "I spy an orange food that is round." The child guesses correctly an orange. This activity can occur during lunch, in circle time, at recess, or in the car.

## Phonics & Handwriting

### Letters: Aa

A - pull down, pull down, across  
 a - little curve and down

### Activity: Letter Sheet

Each week, guide the child through the Letter of the Week activity sheet. Because it is long, spread the activities out over several days.

1. Write name with a capital letter followed by lowercase letters.
2. Write capital and lowercase letter four times each.
3. Circle the letter in each word. Demonstrate if needed.
4. Draw two objects that begin with the letter/phonetic sound.
5. Circle the letter in the alphabet.

### Apple Phonics Chant

Apple, apple,  
 you taste so good.  
 /a/ /a/ /a/ /a/  
 (bite at apple)

Add this week's letters to the tree and review apples by counting, naming colors, letters, and sounds.

### Activity: -at Word Family

Using the Word Family Packet Digital Download, introduce the -at Word Family. Post the Word Family House and cut out -at words. During the introduction, show cards for "bat" and "cat." Have the child name the objects, point to the letter of the week, and repeat, "Bat, cat—they both say -at."

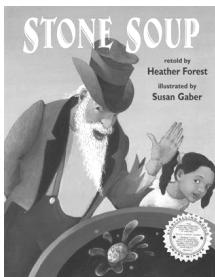


These words rhyme. Bat and cat live in the same house because they end the same way. Add the pictures to the house with sticky tack and have the child say the rhyming words.

For the next two weeks, add more -at words from the lesson plans. If the child suggests a word that doesn't rhyme, such as "mouse" for "rat," guide by asking, "Do bat and mouse have the same ending? No. What is another word for this picture that belongs in our -at house?"

## Literacy

*Stone Soup*  
by Various Authors



### Teach: Author

The author is the person who writes the story or book. An author may be a man, woman, or child. Oftentimes an author writes many books. The name of the author is found on the front of the book and on the title page. Some books include information about the author at the beginning or the end of the book.

### Vocabulary and Syllables

While reading *Stone Soup*, pause at unfamiliar words. Have the child repeat the word slowly by syllable. Use context clues and pictures to find the meaning. Reinforce the new words in conversation.

### Vocabulary & Syllables

magical  
comfortable  
village  
nestled  
tattered  
soles  
spare  
squinted  
wandered wearily  
elegant  
glee  
ordinary  
tempting  
feast

## Development

### Fine Motor Activity: Stone Soup

Make stone soup to share with others, following the recipe found in many versions of the book. This hands-on experience helps the child remember the story and talk about nutrition. In preschool settings, another option is to make trail mix, with each child bringing one ingredient.

### Gross Motor Activity: Twister

Show the child a crayon. Ask the child to name the color, then stand on a matching colored dot made from construction paper or a Twister game mat. Focus on the basic colors: black, white, blue, brown, green, yellow, orange, red, purple.

### Visual Perception Activity: Food Tracking

*Adult: On the Food Tracking activity sheet, use the corresponding crayon to underline each color word.* Discuss each food and the food group it belongs in. Give the child small colored blocks to use as markers. Teach the child to place one colored block at a time, moving from left to right and top to bottom—just like reading. At the end of the week, invite the child to color the food on the activity sheet using broken crayons.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible Story	Read/What's in the Bag	Interactive Story/Music	Review/ Shamrock	Retell/Lord is My Shepherd	Comprehension Questions
Theme		Nutrition with MyPlate		MyPlate Pizza	
Math	I Spy		I Spy		I Spy
Phonics & Handwriting	Apple Tree	-at Word Family	Letter Sheet	-at Word Family	Apple Tree
Literacy	Picture Walk	Read with Expression	Vocabulary and Syllables	Connections	Summarize
Development	Food Tracking	Stone Soup	Twister	Food Tracking	Twister

SCAN ME



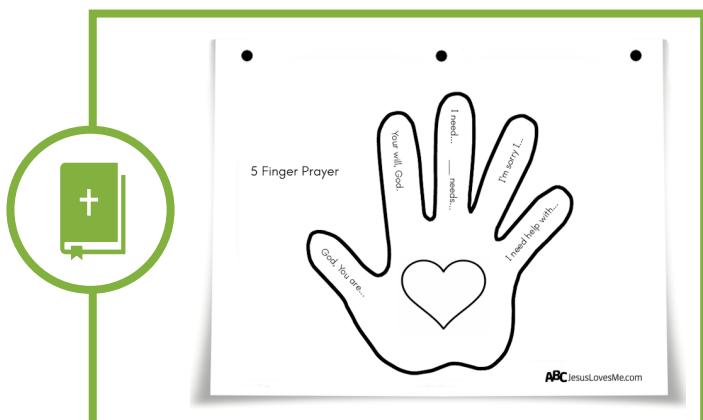
# Activity Sheets

“Tell me and I forget. Teach me and I remember. Involve me and I learn.” – Benjamin Franklin

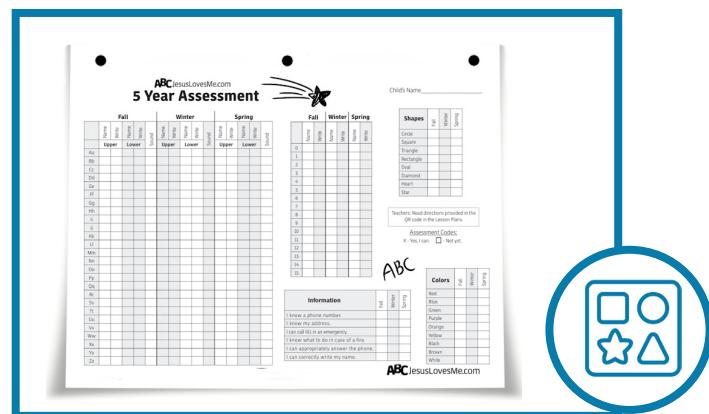
## Overview

When used as designed, the **5 Year Activity Book** deepens the child’s understanding of both academic and biblical concepts. The activity sheets also support the development of fine motor skills, core strength, and visual perception while providing hands-on, process-focused art experiences. Assessment checklists are included to help adults track the child’s progress, identify areas of growth, and ensure that learning goals are being met. Sample activity sheets are shown below.

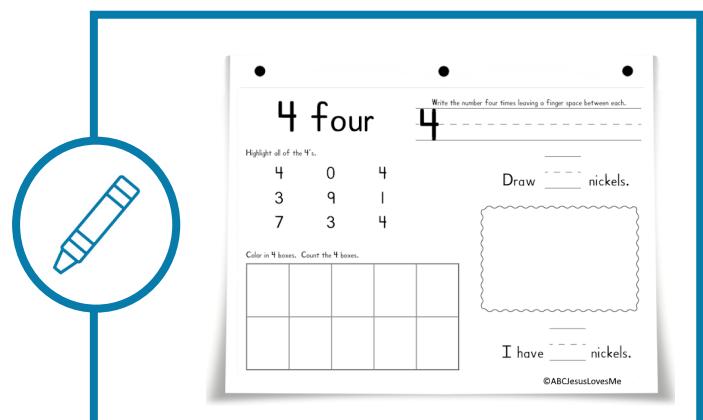
### Bible



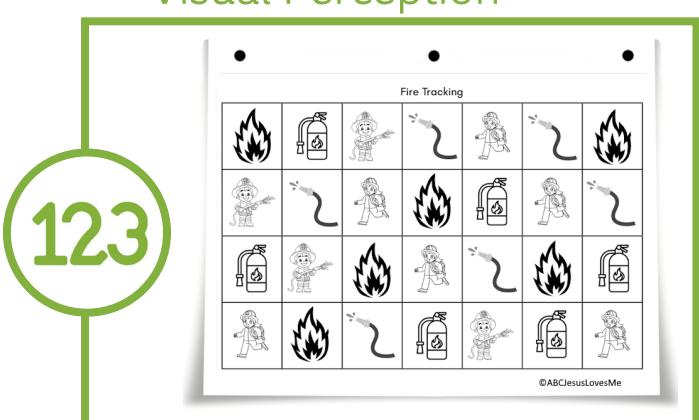
### Assessment



### Letters and Numbers



### Visual Perception



Order at [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com)

# Digital Downloads

“Children learn as they play. Most importantly, in play, children learn how to learn.” – O.F. Donaldson.

The *Curriculum Guide* and *Activity Book* are printed and mailed to you, while the remaining items in the Bundle are provided as colorful digital downloads for you to print as needed. Learning packets offer versatility with both full-page posters (8.5x11") and portable travel cards (3.75x5"), making it easy to support learning at home, in the classroom, or on the go. These materials are ideal for teaching, displaying, and practicing the concepts.

## Bible Songs



The B-I-B-L-E

Traditional

The B-I-B-L-E  
(form book with hands)  
Yes, that's the book for me  
(nod yes)  
I stand alone  
on the Word of God  
(pretend to stand firm)  
The B-I-B-L-E  
Bible!  
(cheer!)

5 Year Curriculum, Week 30  
ABCJesusLovesMe.com  
For more tips and activities visit ABCJesusLovesMe.com

## Poem Packet



2 Silly Clowns

Traditional

2 silly clowns, hiding out of sight  
(hands behind back)

| from the left  
(bring left index finger to front)

| from the right  
(bring right index finger to front)

| silly clown said "I can't stay"  
(curl one finger)

So they both turned around  
and jumped away  
(jump both fingers to back)

5 Year Curriculum, Week 12  
ABCJesusLovesMe.com  
For more tips and activities visit ABCJesusLovesMe.com

## Memory Verses



Matthew 7:12b

Do to others  
what you would have them  
do to you.

ABCJesusLovesMe.com

## Word Families



-at

bat	mat
hat	cat

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Order at [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com)

# Week 18:

## Jesus' Birth

Theme: "Bee" Attitudes  
Love

### Supplies

- Bible
- Map of Israel

### Flannelgraph\*

- Water/Sky Board with Land, S4
- Indoor Board with Window 230A, Stable Posts 199A/199B, Manger 238
- Innkeeper - 21
- Joseph - 20
- Mary/Baby - 103
- Donkey - 154
- Inn/Roof - 202
- Stool - 233
- Animals and Manger - 238, 238A

### Story: Luke 2:1-7

Tell me the best gift you have ever received. I have a secret to tell you—Jesus is the best gift I have ever received. Jesus is the best gift you could ever receive! Let me tell you a true story from the Bible.

One day, Gabriel, the angel, appeared to Mary and said, "Greetings! The Lord is with you." Pretend to be an angel and say, "Greetings!" Mary was very confused. Show me a confused face. The angel said, "You are going to have a baby, and you will name Him 'Jesus.' He is the Son of God."

Mary said, "This is impossible!" The angel replied, "Nothing is impossible with God." Mary said, "I am the Lord's servant." That meant Mary was saying she would do whatever God wanted her to do.

Mary and Joseph were about to be married. Joseph was a carpenter, or builder, and he lived in Nazareth. But Joseph's family was from Bethlehem.

Let's look at this map of Israel. Here is Nazareth, and here is Bethlehem. *Point to the cities on the map.*

The leader, Caesar, ordered everyone to go back to the place where they were born so he could count how many people were in his kingdom. That might sound easy, but the distance from Nazareth to Bethlehem is about 90 miles. That would take about 1 ½ hours by car today! But Mary and Joseph didn't have a car. They had to walk or ride a donkey for several days to get to Bethlehem.

When they arrived, the city was full of people! All the inns—like hotels—were full. There was no room for them. "No room!" said one innkeeper. "Nope, no room!" said another. "Sorry, we're full!" said yet another. Finally, one innkeeper saw how close it was for Mary to have her baby. He said, "You can stay in my stable." *Switch boards and add Mary, Joseph, a stool, and the donkey.*

A stable is like a barn, where animals eat and sleep. And while Mary and Joseph were in the stable, baby Jesus was born. Mary wrapped Jesus in cloth and laid Him in a manger, which is where the animals eat.

Let's pretend to wrap baby Jesus in cloth and lay Him in the manger. *With your arm as a baby, pretend to wrap your arm.* And just like that, the best gift of all was born!

Now, I have a very hard question for you. Why is Jesus the best gift of all? The answer is: Because Jesus is God's Son, and He loves us so much that He was born as a baby, lived a perfect life as a man, died on the cross for our sins, was buried, and then rose again. That's a lot of love. Love is the greatest gift Jesus could have given us.

### Comprehension Questions:

- What is your favorite part of this story?
- Why did God send His Son as a baby?
- The Bible says that Jesus loves us so much that He humbled Himself and became a man (Philippians 2:5-8). Do you think it was hard for Jesus to leave Heaven and come down to Earth as a baby?
- Why do we celebrate Christmas?

### Interactive Bible Story Sample

Week 18

\*These optional felt pieces work with the Betty Lukens Flannelgraph set. *Italicized words show actions, and underlined words indicate when to add a piece.*

# FAQ

“Quality questions create a quality life. Successful people ask better questions, and as a result, they get better answers.” –Anthony Robbins

## Is the learning the same for each curriculum?

Each Curriculum includes a unique selection of learning objectives, Bible stories, and themes because most preschools and homes use at least four of the five curricula. If the main objectives were repeated, children would only experience 28 objectives multiple times. By offering a broad range of age-appropriate learning, the Curricula ensure children are exposed to diverse learning experiences that promote growth in academics, Bible understanding, and overall development.

## How do I teach this if it's all new to me?

The Intro and each Lesson Plan include a QR code that links to additional information, song videos, and teaching tips to guide you each step of the way.



## What about holidays?

Since the Curriculum may be started at any time, holiday activities aren't included in the Lesson Plans. To ensure a complete understanding of the Bible, the Christmas story is taught in Week 18 and the Easter story in Week 32. Free and paid [holiday activities](#) are available on the ABCJesusLovesMe website and can be added to the Lesson Plans whenever desired.

## Can I make the Curriculum shorter or longer?

This Curriculum includes 36 weekly lessons, but the schedule is flexible. Lessons can be shortened, extended, or combined to fit your needs. Many users extend weeks around holidays to include seasonal activities.

## Can ABCJesusLovesMe be used in a school or church?

ABCJesusLovesMe Curricula and products are used in homes, schools, daycares, and churches worldwide. Licenses are available for non-family use, and active licenses are required for continued use. Visit the website for full details.

## What if I have questions?

The active [ABCJesusLovesMe Facebook group](#) is a great place to gather ideas and ask questions. Heidi is also available via LiveChat on the ABCJesusLovesMe website and by email to answer questions, brainstorm, and support your success. Preschools can [schedule a demo](#) for a Q/A session.

# Helpful Links

“Start children off on the way they should go,  
and even when they are old they will not turn from it.” – Proverbs 22:6

## Which Curriculum to Choose

[ABCJesusLovesMe.com/which-curriculum-do-i-choose/](http://ABCJesusLovesMe.com/which-curriculum-do-i-choose/)

## The ABCJesusLovesMe Difference

[ABCJesusLovesMe.com/what-sets-abcjesuslovesme-apart/](http://ABCJesusLovesMe.com/what-sets-abcjesuslovesme-apart/)

## Supply List

[ABCJesusLovesMe.com/5-year-supply-list/](http://ABCJesusLovesMe.com/5-year-supply-list/)

## Free Training Videos

[ABCJesusLovesMe.com/videos/](http://ABCJesusLovesMe.com/videos/)

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